

# Shinjuku model sightseeing course

Shinjuku is one of Tokyo's most famous areas. There are many highlights here, including skyscrapers, shops and restaurants. Shinjuku covers a large area, so it is best to focus on certain points when sightseeing. We will introduce a combination of our recommended spots in a model course to that you can spend your time efficiently.

## If you come to Tokyo, visit Shinjuku!

Shinjuku is one of Japan's leading shopping areas, and it also has a full line-up of gourmet and nightlife experiences. It is also a transportation hub, so you can easily get from Shinjuku to various other sightseeing locations.

You may not be sure about where to stay as Tokyo is such a huge area, but we recommend Shinjuku as the ideal location for shopping and sightseeing.

Here are our recommended spots within the fascinating Shinjuku area.



## model sightseeing course



01  
Make plans for the day while relaxing in a cafe!



02  
Hungry? Come here for lunch!



03  
Visit Odakyu Department Store for branded goods and cosmetics



04  
Electronics, cameras and computers are among the bargains to be found at Bic Camera!



05  
Go to Haruchika to enjoy a variety of gourmet evening meals



### Convenient accommodation in Shinjuku!

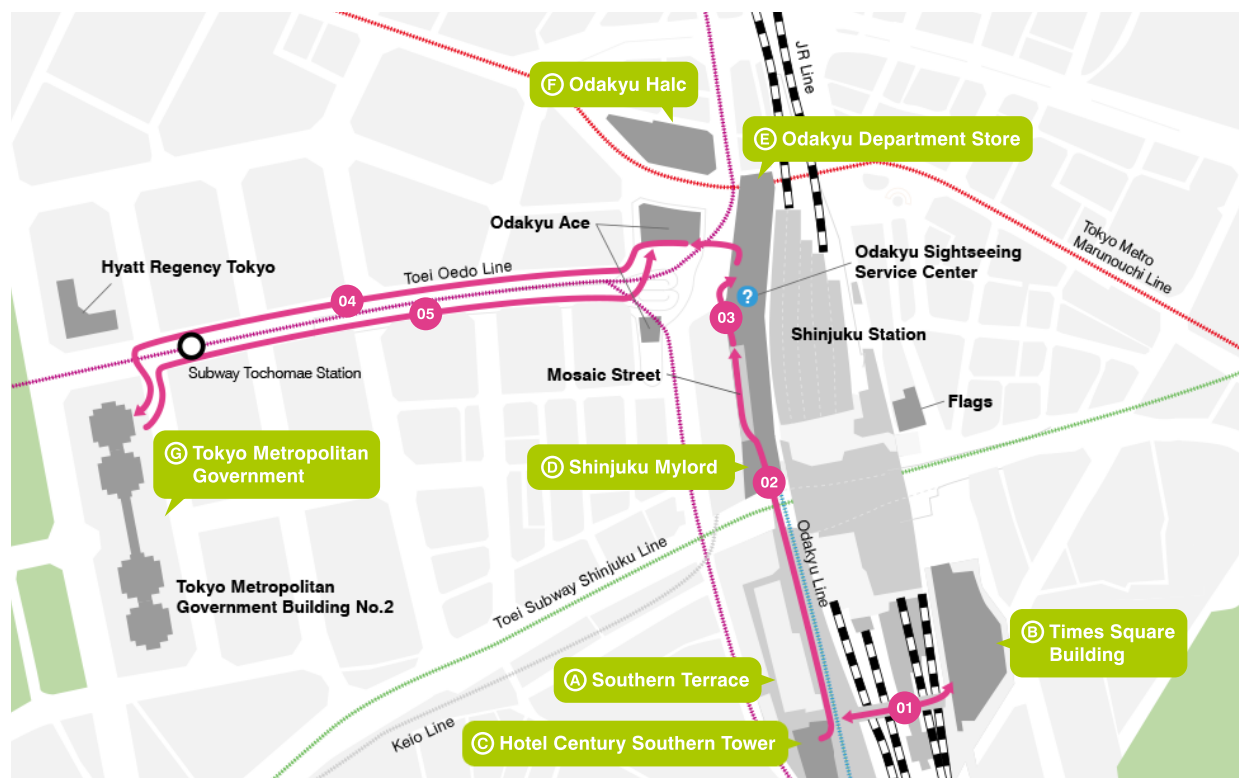
#### Hotel Century Southern Tower

We recommend staying at a hotel close to the station in order to enjoy Shinjuku to the full. Hotel Century Southern Tower is a 3-minute walk from the South Exit of Shinjuku Station. This hotel is conveniently located near the Shinjuku Station platform for "N'EX" arrivals, which connect Tokyo to Narita Airport.

### The "Odakyu Sightseeing Service Center" in Shinjuku is useful

A counter geared towards foreign tourists can be found at Shinjuku Station West Exit. Please visit for information on sightseeing and more.

## Rows of skyscrapers, and full-on shopping and gourmet experiences in Shinjuku



There are many shopping and dining locations in the Shinjuku Station area.

You can enjoy even more places by optimizing your journey, so please refer to the model course.

## Make plans for the day while relaxing in a cafe!



### ① Southern Terrace



Walk  
1 min

The outdoor decking of Starbucks in the Southern Terrace of Shinjuku's South Exit feels good on a sunny day.



Check your schedule for the day while looking at a map of Shinjuku and sipping a coffee. Check everything in advance to avoid getting lost en route!



The cheerful atmosphere of Starbucks Coffee Shinjuku Southern Terrace store

### ② Times Square Building



Walk  
2mins

### Tokyu Hands Shinjuku, where you may find something exceptional

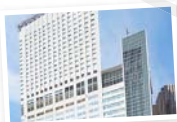
Tokyu Hands gathers many of the finest goods and design items. You may be able to find some unusual unique Japanese products here. You can pleasantly spend a whole day here, starting from 10:00 when the store opens.



Tokyu Hands in the Times Square Building, just next to Southern Terrace



## © Hotel Century Southern Tower



You're on holiday, so why not enjoy a fancy lunch? TRIBEKS is a restaurant in Hotel Century Southern Tower, right next to Southern Terrace. This restaurant offers views of the city, with the trees of Meiji jingu Shrine and the Shinjuku Gyoen National Garden occupying the space between the buildings below. A reservation is required, so please contact TRIBEKS in advance to avoid any delay. Choose your preferred lunch from the set courses!



Enjoy views from 100m above ground and creative cooking at Restaurant TRIBEKS restaurant  
Reservations Telephone: +81-3-5354-2177

Walk  
3mins



Choose from three different lunch time set menus.

## ④ Shinjuku Mylord



### Check out trendy fashions and unique goods

After eating, go to Shinjuku Station South Exit. You can enjoy shopping in the many fashion and miscellaneous goods stores between the 2nd and 6th floors of the Shinjuku Mylord building, which is connected to Shinjuku Station. You will likely be able to find a perfect outfit in one of the diverse range of shops here. Don't forget to check out the popular Japanese fashions, too.

There are 19 restaurants on the 7th to 9th floors, so why not look here for a place to eat lunch?



Find the latest trends in fashion at Shinjuku Mylord

### Mosaic Street - another stylish sightseeing attraction!

Mosaic Street is a stylish road that conveniently links Shinjuku Station South Exit and West Exit. Shops and restaurants line both sides of the road, and there are beautiful illuminations in wintertime.



Walk  
1 min

## Visit Odakyu Department Store for branded goods and cosmetics

### ⑤ Odakyu Department Store



Easy access using the walkway connected to Shinjuku Mylord near Shinjuku Station South Exit. Odakyu Department Store is a large department store near Shinjuku Station West Exit. Here you can find a wealth of leading products from international brands, such as Chanel and Louis Vuitton, as well as cosmetics by famous brands. On the 1st floor of the building there is a counter designed for foreigners, so be sure to pay a visit if you have any questions about shopping.



A walkway connects the Odakyu Department Store with the 2nd floor of Shinjuku Mylord. This is handy for moving around without getting wet in the rain.

### Tired from walking? Have a rest in a stylish cafe!

There are numerous cafes and restaurants in Odakyu Department Store, so you can stop for a rest whenever you are tired from shopping. We recommend the rooftop Cafe Plants on the 9th floor of the main building, where you can unwind with a calm coffee break in a relaxing space.

Walk  
1 min



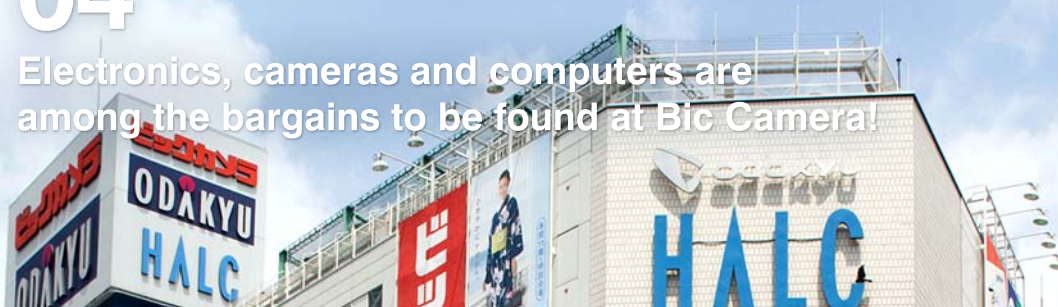
With 14 floors above ground and two underground floors, this is one of Shinjuku's main department stores. The ladies' fashion area was relaunched in 2009 and now boasts an extensive line-up of stores.



Cafe Plants uses its rooftop space as a popular terrace location. Cake sets start at 700 yen.



Electronics, cameras and computers are among the bargains to be found at Bic Camera!



#### ⑥ Odakyu Halc



After relaxing at a cafe, take the passageway that connects the 2nd floor of the Odakyu Department Store with Odakyu Halc to go to the famous Japanese consumer electronics store Bic Camera. The five levels between the 2nd and 6th floors deal in the latest electronics, including consumer electronics, computers, cameras and PDAs. Beauty products and medicines are also stocked, so you can always rely on coming here for any sudden needs that may arise during your stay.

Walk  
10mins



Kariyon-bashi bridge connects Odakyu Department Store and Odakyu Halc. There are benches to rest on when going across the bridge.



Bic Camera Shinjuku is inside Odakyu Halc, directly in front of Shinjuku Station West Exit

#### ⑦ Tokyo Metropolitan Government



#### From the skyscraper area to the Tokyo Metropolitan Government Observation Decks

A 10-minute walk from Shinjuku Station West Exit you will find the Tokyo Metropolitan Government, which is a tall building even among the skyscrapers of Shinjuku. The 45-storey government building has an observation deck at 202m that offers outstanding views. Admission is free.

Tokyo Tower and Skytree can be seen within the Tokyo area, and even Mt. Fuji can be seen in the distance depending on the weather. If you go up to the observation deck for the sunset, you will be able to see yet another type of scenery.

Walk  
10mins

Tokyo Metropolitan Government building's 45th floor observation deck has one of the finest views in the city





## ⑤ Odakyu Halc



Returning to Shinjuku Station West Exit from Tokyo Metropolitan Government, Haruchika is below ground in Odakyu Halc, which also hosts Bic Camera. This is a somewhat unusual restaurant area. The eight different restaurants on one floor are like lively stalls. There are so many tempting restaurants that it can be confusing, so it might be fun to try a little at a number of stores. You could try Japan's unique "Okonomiyaki" dishes.



An enjoyable dining area with eight different restaurants on one floor. Sample different flavors at various restaurants.



### Bubitamin

Japan's classic drinking snacks. "Yakitori" is roast chicken on skewers, while "Yakiton" uses pork.



### Kotekichi

Okonomiyaki is a famous local food in Japan. Add flour, fry it, and season with the special sauce.

## Shinjuku Kabuki Cho's special nightlife

One of Japan's largest nightlife districts, with many bars and restaurants open until late at night or even until morning, Kabuki Cho is often called the sleepless town. Energetic people should definitely check it out!



## Recommended locations not on the model course

There are so many interesting spots in Shinjuku that we cannot possibly list them all here. Instead, we will introduce some of the highlights.



### Flags

This fashion building is on the east side of Shinjuku Station's South Exit. This is a stylish shopping area that includes the famous Tower Records for music CDs and stores such as Gap for fashion.



### Cuisine[s] Michel Troisgros

Cuisine[s] Michel Troisgros is a French restaurant at the luxurious Hyatt Regency Tokyo hotel. Internationally famous chef M. Troisgros here shows off his talent for authentic French cuisine.



### Shinjuku Imperial Gardens

The former Imperial family's gardens are located about 10 minutes east of Shinjuku Station's South Exit. The gardens are open to the public, and at 53.8ha are something of an oasis in the middle of the city.  
Admission: 09:00 - 16:00 (closed Mondays) Adults: 200 yen



### Hanazono Shrine

Hanazono Shrine is an area at odds with the large cityscape of Shinjuku. It has a long history stretching back to the 1600s. The peaceful atmosphere of the grounds will give you a taste of olden times.